



Diaper Bag Checklist



For Baby

- Diapers (one for every two hours you'll be away, plus one or two extras)
- Diaper covers, if you use cloth diapers
- Baby wipes, or a couple of wet washcloths stored in a resealable plastic bag
- A+D® Original Ointment and A+D® Zinc Oxide Cream
- Formula and bottles (extra disposable bottle bags if used)
- Nursing pads (if you are breastfeeding)
- One or two receiving blankets (include one heavier baby blanket if weather is cool)
- A changing pad and burp cloth
- One or two bibs
- An extra pacifier, if used
- A toy (to keep your baby occupied)
- An extra set of clothes
- Teething rings (teething pain reliever if needed), and other quiet play things
- Baby food and feeding utensils, or snacks for the older baby (and for Mom and Dad)
- Any medications child may be on, along with an appropriate medicine dispenser



For Toddler

- Diapers
- Wipes
- Snacks
- Sippy of water
- Small toy
- Extra set of clothes

Just In Case

- Antibacterial water-less hand cleaner for Mom or Dad
- A couple of small plastic bags for disposing of diapers, or bringing dirty clothes home
- If time away from home is over an hour, pack an extra bottle of water. The water can be used to mix powdered formula or to drink
- Consider powdered formula if there are no refrigeration accommodations at the destination, and if the time away from home is over two hours
- Coppertone® Water BABIES® Sunscreen for infants 6 months and older (younger children should be kept out of the sun)